



Appl. No. 09/598,110  
Amdt. dated February 21, 2006  
Reply to Office action of 08/18/05

Appl. No.	:	09/598,110
Applicant	:	Terry J. Pullaro
Filed	:	June 21, 2000
Title	:	SPORTS TRAINING AND CONDITIONING DEVICE
TC/A.U.	:	3711
Examiner	:	Alvin A. Hunter
Conf. No.	:	7336
Docket No.	:	PULT 9188 US

Mail Stop RCE  
Commissioner for Patents  
PO Box 1450  
Alexandria, VA 22313-1450

#### **RCE AMENDMENT**

Sir:

In response to both the Advisory Action mailed November 8, 2005 and the Office action mailed August 18, 2005, please amend the above-identified application as follows, and consider the remarks set forth below:

**Amendments to the Specification** are reflected in the replacement paragraphs, which begin on page 2 of this paper.

**Amendments to the Claims** are reflected in the listing of claims, which begins on page 18 of this paper.

**Remarks/Arguments** begin on page 20 of this paper.

I hereby certify that this correspondence is being deposited with the U.S. Postal Service with sufficient postage as first class mail in an envelope addressed to: Mail Stop RCE, Commissioner for Patents, PO Box 1450, Alexandria, VA 22313-1450, on February 21, 2006.

Brian J. Gill, Reg. No. 46,727